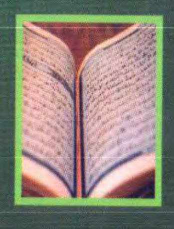
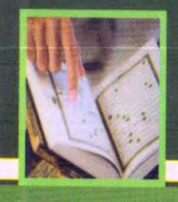


QUR'AANIC CURES

Arabic Text
English Transliteration
English Translation







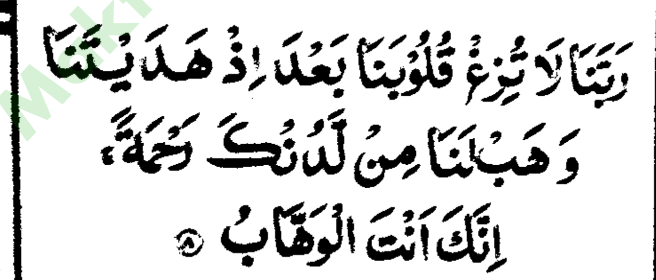




FOR YOUR CONVENIENCE

DEATH ON IMAAN

Say after every salaah.



Rabbanaa laa tu-zigh qu-loo-banaa ba'-da ith ha-daytanaa wa hab lanaa mil la-dun-ka rahmah. Innaka antal wahhaab.

Our Lord, do not cause our hearts to go astray after You have guided us, and give us Your special mercy. Lo, You, and only You are The Bestower.

(Ale-Imran : 8)

INTERCESSION OF RASOOLULLAH ﷺ

Recite after every salaah:

لَقَدْ جَآءَكُمْ رَسُولٌ مِّنْ أَنفُسِكُمْ عَزِيزٌ عَلَيْهِ مَا عَنِتُّمْ حَرِيصٌ عَلَيْكُم بِالْمُؤْمِنِينَ رَءُوفٌ رَّحِيمٌ ﴿١٢٨﴾ فَإِن تَوَلَّوْا فَقُلْ حَسْبِيَ اللَّهُ لَآ إِلَٰهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ ﴿١٢٩﴾

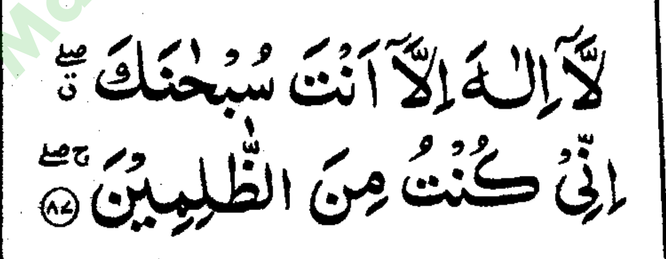
La-qad jaa-a-kum rasoolum min an-fu-sikum a-zeezun alayhi maa anit-tum ha-ree-sun a-lay-kum bil mu'-mineena ra-'oo-fur raheem. Fa-in ta-wal-low fa-qul has-bi-yal laahu laa-i-laaha il-laa hoo. A-layhi tawak-kaltu wa huwa rabbul ar-shil a-zheem.

Surely, there has come unto you a messenger from amongst yourselves: it grieves him that you should suffer, ardently anxious is he over you. To the believers is he most kind and merciful. But if they turn away, say: "Allah suffices me; there is no deity but He; on Him is my trust. And He is the Lord of the supreme throne."

(At-Taubah : 128)

ASSURED ACCEPTANCE OF DU'AAS

Say thrice before making any du'aa.



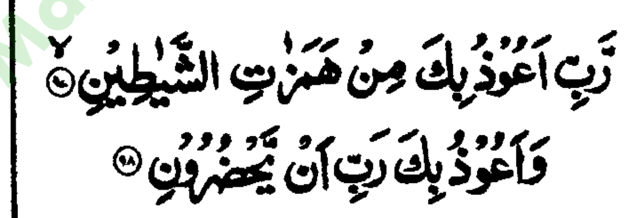
Laa i-laa-ha il-laa an-ta sub-haa-na-ka in-nee kun-tu mi-nazh zhaa-limeen.

There is none worthy of worship except You; You are Pure; surely I am from among the wrongdoers.

(Al-Anbiya : 87)

DISPELLING BAD THOUGHTS & SUSPICION

Recite this du'aa excessively.



Rabbi a-'oo-thu bika min ha-ma-zaa-tish sha-yaa-teen. Wa a-'oo-thu bika rabbi an yah-dhu-roon.

My Lord, I seek Your protection from the promptings of the devils and I seek Your refuge, my Lord, from them coming near me.

(Al-Mu'minun : 97,98)

FOR PLENTY OF RIZQ

Repeat at least 7 times after every salaah.

قُلِ اللّٰهُمَّ مٰلِكَ الْمُلْكِ تُؤْتِي الْمُلْكَ مَنْ تَشَآءُ وَتَنْزِعُ الْمُلْكَ مِمَّنْ تَشَآءُ ز وَتُعِزُّ مَنْ تَشَآءُ وَتُذِلُّ مَنْ تَشَآءُ بِيَدِكَ الْخَيْرُ ط اِنَّكَ عَلٰى كُلِّ شَيْءٍ قَدِيْرٌ ۝ تُوْلِجُ الَّيْلَ فِي النَّهَارِ وَتُوْلِجُ النَّهَارَ فِي الَّيْلِ ز وَتُخْرِجُ الْحَيَّ مِنَ الْمَيِّتِ وَتُخْرِجُ الْمَيِّتَ مِنَ الْحَيِّ ز وَتَرْزُقُ مَنْ تَشَآءُ بِغَيْرِ حِسَابٍ ۝

Qu-lil laa-humma maa-likal mulki tu'-til mulka man ta-shaa' wa tan-zi-ul mul-ka mim-man ta-shaa' wa tu-iz-zu man ta-shaa' wa tu-thil-lu man ta-shaa. Bi ya-di-kal khair. Innaka a-laa kulli shay-in qadeer. Too-li-jul lay-la fin na-haari wa too-li-jun na-haa-ra fil layli wa tukh-ri-jul hay-ya mi-nal may-yiti wa tukh-ri-jul may-yita mi-nal hayyi wa tar-zu-qu man ta-shaa-u bi-ghay-ri hisaab.

(Ale-Imran : 26,27)

PROGRESS AND PROTECTION OF BUSINESS

Recite Aayatul Kursee and blow on merchandise daily.

اَللّٰهُ لَآ اِلٰهَ اِلَّا هُوَ ۚ اَلْحَيُّ الْقَيُّوْمُ ۚ لَا تَاْخُذُهٗ
سِنَةٌ وَّلَا نَوْمٌ ۚ لَهٗ مَا فِي السَّمٰوٰتِ وَمَا فِي
الْاَرْضِ ۚ مَنْ ذَا الَّذِيْ يَشْفَعُ عِنْدَهٗٓ اِلَّا
بِاِذْنِهٖ ۚ يَعْلَمُ مَا بَيْنَ اَيْدِيْهِمْ وَمَا خَلْفَهُمْ ۚ
وَلَا يُحِيْطُوْنَ بِشَيْءٍ مِّنْ عِلْمِهٖٓ اِلَّا بِمَا شَآءَ ۚ
وَسِعَ كُرْسِيُّهُ السَّمٰوٰتِ وَالْاَرْضَ ۚ وَلَا يَئُوْدُهٗ
حِفْظُهُمَا ۚ وَهُوَ الْعَلِيُّ الْعَظِيْمُ ۝

(Al-Baqarah : 255)

EASING ONE'S TASK OR BURDEN

Recite once after every salaah.

اَلْئٰنَ خَفَّفَ اللّٰهُ عَنْكُمْ وَعَلِمَ اَنَّ فِيْكُمْ ضَعْفًا ۚ فَاِنْ يَّكُنْ مِّنْكُمْ مِّائَةٌ صَابِرَةٌ يَّغْلِبُوْا مِائَتَيْنِ ۚ وَاِنْ يَّكُنْ مِّنْكُمْ اَلْفٌ يَّغْلِبُوْٓا اَلْفَيْنِ بِاِذْنِ اللّٰهِ ۗ وَاللّٰهُ مَعَ الصّٰبِرِيْنَ ﴿٦٦﴾

Al-aana khaf-fafal laahu ankum wa alima anna feekum dha'faa. Fa in yakum minkum mi-a-tun saabiratun yaghliboo mi-a-tain. Wa in yakum minkum alfun yaghliboo alfaini bi-ith-nil laah. Wal laahu ma-as saabireen.

Now has Allah lightened Your burden for He knows that there is weakness in you. So if there be of you, a hundred steadfast, they shall overcome two hundred and if there be of you a thousand they shall overcome two thousand by Allah's will. And Allah is with the steadfast.

(Al-Anfal : 66)

MAKING THE RIGHT DECISION WHEN BUYING ANYTHING

Say continuously when viewing the item, merchandise, property etc to be purchased.

قَالُوا ادْعُ لَنَا رَبَّكَ يُبَيِّنْ لَّنَا مَا هِيَ ۚ قَالَ إِنَّهُ يَقُولُ إِنَّهَا بَقَرَةٌ لَّا فَارِضٌ وَلَا بِكْرٌ عَوَانٌ بَيْنَ ذَٰلِكَ ۖ فَافْعَلُوا مَا تُؤْمَرُونَ ﴿٦٨﴾ قَالُوا ادْعُ لَنَا رَبَّكَ يُبَيِّن لَّنَا مَا لَوْنُهَا ۚ قَالَ إِنَّهُ يَقُولُ إِنَّهَا بَقَرَةٌ صَفْرَاءُ فَاقِعٌ لَّوْنُهَا تَسُرُّ النَّاظِرِينَ ﴿٦٩﴾ قَالُوا ادْعُ لَنَا رَبَّكَ يُبَيِّن لَّنَا مَا هِيَ إِنَّ الْبَقَرَ تَشَابَهَ عَلَيْنَا وَإِنَّا إِن شَاءَ اللَّهُ لَمُهْتَدُونَ ﴿٧٠﴾

(Al-Baqarah : 68-70)

SWEETNESS OF FRUIT

Say before cutting or slicing the fruit.

فَذَبَحُوهَا وَمَا كَادُوا يَفْعَلُونَ ﴿٧١﴾

Fa thabahoohaa wa maa kaadoo yaf-a-loon.

So they slaughtered her though almost they did not.

(Al-Baqarah : 71)

FULFILMENT OF DEBTS

Say excessively morning and evening.

قُلِ اللّٰهُمَّ مٰلِكَ الْمُلْكِ تُؤْتِي الْمُلْكَ مَنْ تَشَآءُ وَتَنْزِعُ الْمُلْكَ مِمَّنْ تَشَآءُ ز وَتُعِزُّ مَنْ تَشَآءُ وَتُذِلُّ مَنْ تَشَآءُ ط بِيَدِكَ الْخَيْرُ ط اِنَّكَ عَلٰى كُلِّ شَيْءٍ قَدِيْرٌ ﴿٢٦﴾

Qu-lil laa-humma maa-likal mul-ki tu'-til mul-ka man ta-shaa' wa tan-zi-'ul mulka mim-man ta-shaa' wa tu-'iz-zu man ta-shaa' wa tu-thil-lu man ta-shaa' bi ya-di-kal khair. In-naka a-laa kulli shay-in qadeer.

Say: O Allah! Lord of Power, You give power to whom You please and You strip off power from whom You please. You bestow honour to whom You please, and You bring low whom You please. In Your hand is all good. Verily, over all things You have power.

(Ale-Imran : 26)

REMOVING GRIEF

Reciting excessively.

وَلَهُ مَا سَكَنَ فِي الَّيْلِ وَ النَّهَارِ
وَهُوَالسَّمِيْعُ الْعَلِيْمُ ﴿۱۳﴾

اِنَّ اللهَ يُمْسِكُ السَّمٰوٰتِ وَالْاَرْضَ اَنْ تَزُوْلَاهُ

Wa lahoo maa sakana fil lay-li wan nahaar. Wa hu-was sa-mee-'ul 'a-leem. In-nal laaha yum-sikus sa-maa-waati wal ar-dha an ta-zoo-laa.

To Him belongs all that dwell in the night and the day. He is All-Hearing, All-Knowing. (Al-An'aam : 13)

Lo, Allah grasps the heavens and the earth that they do not deviate.

(Al-Fatir : 41)

SAFETY AGAINST BURGLARY, BREAK-INS AND FIRE

Say thrice before going to bed.

وَقُلِ الْحَمْدُ لِلّٰهِ الَّذِیْ لَمْ یَتَّخِذْ وَلَدًا وَّلَمْ یَكُنْ لَّهٗ شَرِیْكٌ فِی الْمُلْكِ وَلَمْ یَكُنْ لَّهٗ وَلِیٌّ مِّنَ الذُّلِّ وَكَبِّرْهُ تَكْبِیْرًا ﴿۱۱۱﴾

Wa qu-lil ham-du lil-laahil la-thee lam yat-ta-khith wa-ladan wa lam yakun lahoo sha-reekun fil mul-ki wa-lam yakun lahoo waliy-yum mi-nath thul-li wa kab-bir-hu takbeera.

And say: "Praise be to Allah who begets no son and has no partner in (His) dominion; nor does He have any friend to protect Him from humiliation. And magnify Him for His greatness and glory".

(Al-Isra' : 111)

SAFETY IN JOURNEY

In addition to the masnoon du'aas, say this, too.

سُبْحٰنَ الَّذِیْ سَخَّرَلَنَا هٰذَا وَمَا كُنَّا لَهٗ مُقْرِنِیْنَ ﴿١٣﴾

Subhaanal lathee sakh-kha-ra lanaa haathaa wa maa kunnaa lahoo muqrineen.

Glorified be He who has made this (conveyance) subservient to us and we were not capable of subduing it.

(Az-Zukhruf : 13)

A PLEASANT STAY AT ONE'S DESTINATION

Say before entering the town, city, holiday place etc.

رَّبِّ اَنْزِلْنِىْ مُنْزَلًا مُّبٰرَكًا وَّ اَنْتَ خَيْرُ الْمُنْزِلِيْنَ ۝

Rabbi anzilnee munzalan mubaarakan wa anta khayrul munzileen.

My Lord, cause me to land at a blessed place for You are the best of all who bring to land.

(Al-Mu'minun 29)

WHEN SOMETHING IS LOST OR MISPLACED

Say: يا حفيظ (Ya Hafeezhu - O Protector) 119 times, then say 119 times

يٰبُنَيَّ اِنَّهَآ اِنْ تَكُ مِثْقَالَ حَبَّةٍ مِّنْ خَرْدَلٍ فَتَكُنْ فِيْ صَخْرَةٍ اَوْ فِي السَّمٰوٰتِ اَوْ فِي الْاَرْضِ يَاْتِ بِهَا اللّٰهُ

Yaa bu-nay-ya 'in-na-haa 'in taku mith-qaala hab-ba-tim min khar-dalin fa takun fee sakh-ratin aw fis sa-maa-waati aw fil ar-dhi ya'-ti bi-hal laah.

(Luqmaan said to his son:) O my son, if there be (but) the weight of a mustard-seed and it were (hidden) in a rock, or (anywhere) in the heavens or on earth, Allah will bring it forth.

(Luqman : 16)

MISSING PERSON OR A RUN-AWAY

Perform 2 rak'aat nafl, then say the following 119 times. Finally make du'aa for his/her safe return. Do this for 40 days.

إِنَّ الَّذِي فَرَضَ عَلَيْكَ الْقُرْآنَ لَرَادُّكَ إِلَىٰ مَعَادٍ ۚ

Innal lathee fa-ra-dha alaykal qur'aana la raad-duka ilaa ma'aad.

Surely, He who ordained to you the Qur'aan, will bring you back to the Place (Makkah).

(Al-Qasars : 85)

AVOIDING OR REMOVING CALAMITY

Say excessively if fearing any calamity or when a calamity has already befallen.

حَسْبُنَا اللّٰهُ وَنِعْمَ الْوَكِيْلُ ۝

Hasbunal laahu wa ni'mal wakeel.

Allah suffices us and He is the best disposer of affairs.

(Ale-Imran : 173)

PLEASING THE HUSBAND

Recite once, blow on anything sweet and feed it to the husband.

وَمِنَ النَّاسِ مَنْ يَّتَّخِذُ مِنْ دُوْنِ اللّٰهِ اَنْدَادًا
يُّحِبُّوْنَهُمْ كَحُبِّ اللّٰهِ ۚ وَالَّذِيْنَ اٰمَنُوْٓا اَشَدُّ حُبًّا لِّلّٰهِ ۚ
وَلَوْ يَرَى الَّذِيْنَ ظَلَمُوْٓا اِذْ يَرَوْنَ الْعَذَابَ ۙ اَنَّ الْقُوَّةَ لِلّٰهِ
جَمِيْعًا ۙ وَّاَنَّ اللّٰهَ شَدِيْدُ الْعَذَابِ ۝

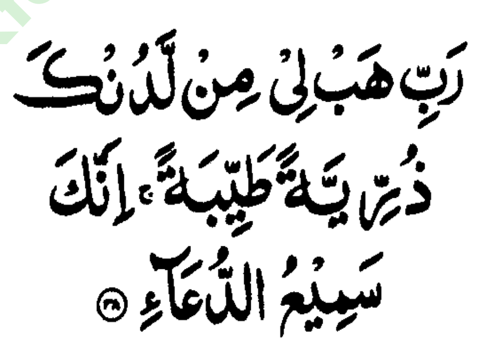
Wa mi-nan naa-si may yat-ta-khi-thu min doo-nil laa-hi an-daa-dan yu-hib-boo-na-hum ka hub-bil laah. Wal la-thee-na aa-ma-noo a-shad-du hub-bal lil-laah. Wa low ya-ral la-thee-na zha-la-moo ith ya-row-nal a-thaa-ba an-nal quw-wata lil-laa-hi ja-mee-'aa. Wa an-nal laa-ha sha-dee-dul a-thaab.

And from amongst men there are those who take (for worship) others besides Allah as equal (with Allah); they love them as they should love Allah. But those of faith are overflowing in their love for Allah. If only the unrighteous could see, behold, they would see the punishment, that to Allah belongs all power, and surely, Allah is severe in punishment.

(Al-Baqarah : 165)

ACQUIRING CHILDREN

Recite excessively:



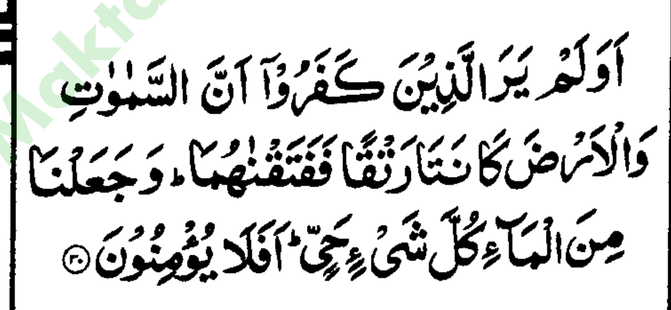
Rabbi hab lee mil la-dunka thur-riy-yatan tayyibah. Innaka samee-'ud du'aa'.

My Lord, grant me from You a pure progeny; surely You are the Hearer of prayers.

(Ale-Imran : 38)

EASY CHILDBIRTH

Recite once at the time of labour and blow on the woman.



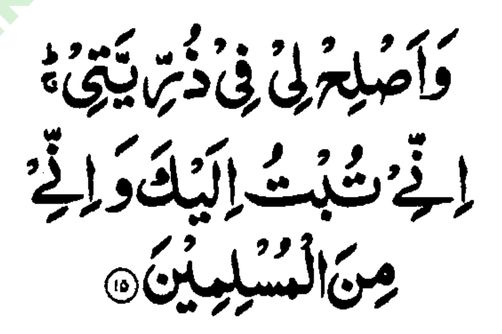
A-wa-lam yaral la-theena kafaroo annas sa-maa-waati wal ardha kaa-nataa ratqan fa fa-taq-naa-humaa. Wa ja-'alnaa mi-nal maa-'i kulla shay-'in hayy. A-fa-laa yu'minoon.

Do not the Unbelievers see that the heavens and the earth were joined together (as one unit) before We clove them asunder? We made from water every living thing. Will they not then believe?

(Al-Anbiya : 30)

DISOBEDIENT CHILD

Keeping in mind the child's name, say after every salaah:



Wa 'as-lih lee fee thur-riy-ya-tee. In-nee tub-tu i-layka wa in-nee minal muslimeen.

And correct (reform) for me my children. I have turned to You in repentance and truly am I from those who submit to You.

(Al-Ahqaf : 15)

PROTECTION FROM ENEMIES

Read once, blow on the hands and pass them over the entire body.

لَا تُدْرِكُهُ الْأَبْصَارُ ۚ وَهُوَ يُدْرِكُ الْأَبْصَارَ ۚ وَهُوَ اللَّطِيفُ الْخَبِيرُ ﴿١٠٣﴾

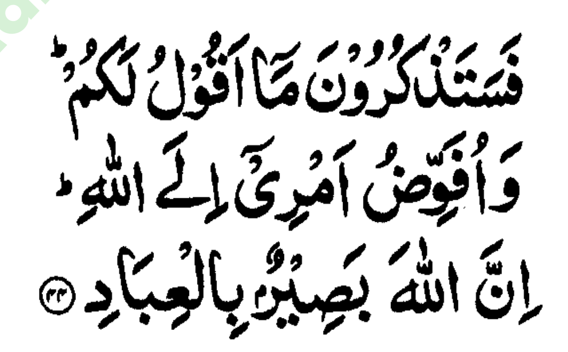
Laa tud-ri-ku-hul ab-saar. Wa hu-wa yud-ri-kul ab-saar. Wa hu-wal la-tee-ful kha-beer.

No vision can grasp Him, but His grasp is over all vision: He is Gracious, Well-aware.

(Al-An'aam : 103)

PROTECTION FROM AN OPPRESSOR

Say in his presence (softly).



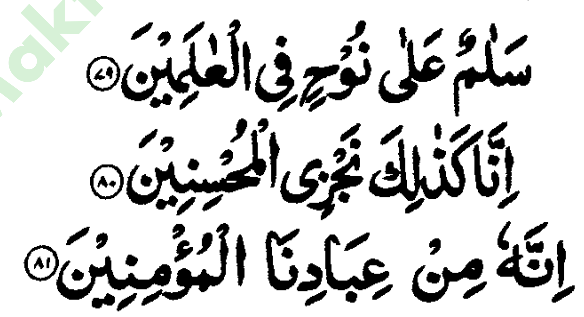
Fa sa-tath-kuroona maa aqoolu lakum. Wa u-faw-wi-dhu amree ilal laah. Innal laaha baseerum bil ibaad.

And you will remember what I say to you. I make over my affairs unto Allah. Surely, Allah is ever watchful over His slaves.

(Ghafir : 44)

PROTECTION FROM SNAKES, SCORPIONS AND HARMFUL CREATURES

Say morning and evening:



Sa-laa-mun a-laa noo-hin fil aa-la-meen. In-naa ka-thaa-li-ka naj-zil muh-si-neen. In-na-hoo min i-baa-di-nal mu'mi-neen.

Peace and salutation to Nooh among the nations. Thus indeed do We reward those who do right. For he was one of our believing servants.

(As-Saffat : 79,81)

SNAKEBITE AND SCORPION STING

Say immediately after a snakebite or scorpion sting.

نُودِيَ أَنْ بُورِكَ مَنْ فِي النَّارِ
وَمَنْ حَوْلَهَا ۖ وَسُبْحَٰنَ اللَّهِ
رَبِّ الْعَٰلَمِينَ ۝٨

Noo-di-ya an boo-ri-ka man fin naa-ri wa man hau-la-haa. Wa sub-haa-nal laa-hi rab-bil aa-la-meen.

It was proclaimed that blessed are those in the fire and those around; and glory to Allah, Lord of the worlds.

(An-Naml : 8)

DOG ATTACK

When fearing a dog attack, say 11 times.

وَكَلْبُهُمْ بَاسِطٌ ذِرَاعَيْهِ بِالْوَصِيْدِ

Wa kal-bu-hum baa-si-tun thi-raa-ay-hi bil wa-seed.

And their dog stretching forth his two legs on the threshold.

(Al-Kahf : 18)

ANY SICKNESS

Read and blow on the patient.

وَنُنَزِّلُ مِنَ الْقُرْاٰنِ مَا هُوَ شِفَآءٌ وَّرَحْمَةٌ لِّلْمُؤْمِنِيْنَ

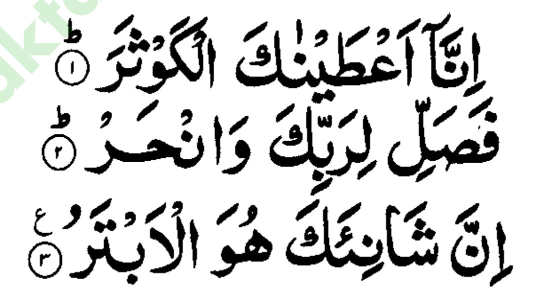
Wa nunaz-zilu minal qur'aani maa huwa shifaa-un wa rahmatul lil mu'mineen.

And We reveal of the Qur'aan that which is a healing and mercy for the believers.

(Al-Isra' : 82)

HEADACHES

Recite 7 times and blow on the patient:



Innaa a'taynaakal kauthar. Fa salli lirabbika wanhar. Inna shaa-ni-a-ka huwal abtar.

Surely we have given you (The Fountain of) Kauthar. Therefore turn in prayer to your Lord and sacrifice (for Him only). Surely, he who hates you, he is the one cut off from progeny.

(Al-Kauthar)

MIGRAINE

Recite once and blow on the patient.

قُلْ مَنْ رَّبُّ السَّمٰوٰتِ وَالْاَرْضِ ؕ قُلِ اللّٰهُ ؕ قُلْ اَفَاتَّخَذْتُمْ مِّنْ دُوْنِهٖۤ اَوْلِيَآءَ لَا يَمْلِكُوْنَ لِاَنْفُسِهِمْ نَفْعًا وَّلَا ضَرًّا ؕ

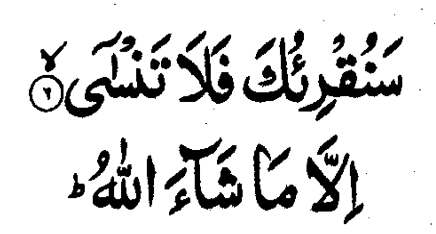
Qul mar rabbus samaawaati wal ardh. Qu-lil-laah. Qul a fat-ta-khath-tum min doo-ni-hee aw-li-yaa-'a laa yam-li-koo-na li an-fu-si-him naf-'an wa laa dhar-raa.

Say: Who is the Sustainer of the heavens and earth? Say: (It is) Allah. Say: Do you then take (for worship) protectors other than Him, such as have no power either for good or for harm to themselves?

(Ar-Ra'ad : 16)

WEAKNESS OF MEMORY

Recite 7 times and blow on oneself or the patient.



Sa-nuq-ri-'u-ka fa laa tan-saa il-laa maa shaa-al-laah.

By degrees shall We teach you so you will not forget except what Allah wishes.

(Al-A'la : 6,7)

FORGETFULNESS

Recite 11 times before going to bed.



Sub-haa-na-ka laa il-ma la-naa il-laa maa al-lam-ta-naa. In-na-ka an-tal a-lee-mul ha-keem.

Glory be to You. Of knowledge, we have none except what You have taught us. Surely, You are All- knowing, All-wise.

(Al-Baqarah : 32)

DEPRESSION

Recite often.

ٱلَّذِينَ ءَامَنُوا۟ وَتَطْمَئِنُّ قُلُوبُهُم بِذِكْرِ ٱللَّهِ ۗ أَلَا بِذِكْرِ ٱللَّهِ تَطْمَئِنُّ ٱلْقُلُوبُ ﴿٢٨﴾

Al-latheena aamanoo wa tat-ma-innu quloobuhum bithikrillaah. Alaa bithikril laahi tatma-innul quloob.

Those who believed and their hearts find peace through the remembrance of Allah, surely only through Allah's remembrance do hearts find peace.

(Ar-Ra'ad : 28)

INSOMNIA (INABILITY TO SLEEP)

Say 11 times before retiring to bed.

إِنَّ اللَّهَ وَمَلَٰٓئِكَتَهُۥ يُصَلُّونَ عَلَى النَّبِيِّ ۚ يَٰٓأَيُّهَا الَّذِينَ ءَامَنُوا صَلُّوا عَلَيْهِ وَسَلِّمُوا تَسْلِيمًا ﴿٥٦﴾

In-nal laa-ha wa ma-laa-'i-ka-ta-hoo yu-sal-loo-na alan na-biy. Yaa ay-yu-hal la-thee-na aa-ma-noo sal-loo a-lay-hi wa sal-li-moo tas-lee-maa.

Allah and His angels send blessings on the Prophet. O you that believe, send blessings on him and salute him with all respect.

(Al-Ahzab : 56)

CATARACT

Recite thrice after every salaah, blow on fingers of both hands and caress both eyes.

فَكَشَفْنَا عَنْكَ غِطَآءَكَ فَبَصَرُكَ الْيَوْمَ حَدِيْدٌ ﴿٢٢﴾

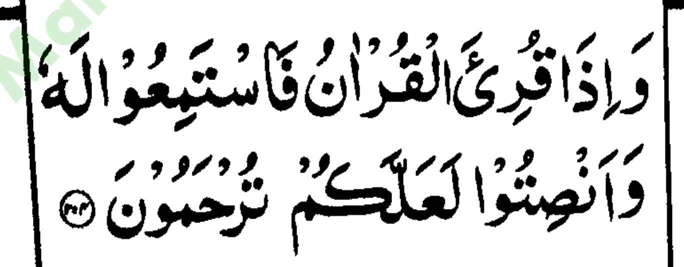
Fa ka-shafnaa anka ghi-taa-a-ka fa basarukal yauma hadeed.

Now have We removed your veil, and sharp is your sight this day.

(Qaf : 22)

DEAFNESS

Recite 7 times and blow on patient.



Wa i-thaa qu-ri-al qur'aanu fastami-oo lahoo wa ansitoo la'al-lakum turhamoon.

When the Qur'aan is recited, listen to it attentively and be silent so that you may receive mercy.

(Al-A'raf : 204)

COLDS AND FLU

Recite 11 times and blow on food before eating.

اَلْحَمْدُ لِلّٰهِ الَّذِیْٓ اَنْزَلَ عَلٰی عَبْدِهِ الْکِتٰبَ وَلَمْ یَجْعَلْ لَّهٗ عِوَجًا ۜ ①

Al ham-du lil-laa-hil la-thee an-za-la a-laa ab-di-hil ki-taaba wa lam yaj-al la-hoo i-wa-jaa.

Praise be to Allah who has sent to His servant The Book, and has allowed therein no crookedness.

(Al-Kahf : 1)

TOOTHACHE

After reciting Soorah Faatihah once, recite this verse 7 times, blow on right hand and caress affected area.

وَلَهُ مَا سَكَنَ فِي الَّيْلِ وَالنَّهَارِ ۚ وَهُوَ السَّمِيعُ الْعَلِيمُ ﴿١٣﴾

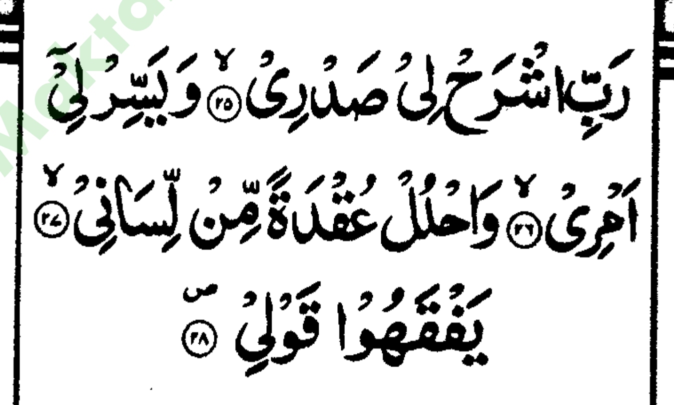
Wa lahoo maa sakana fil layli wan nahaar. Wa huwas samee-ul aleem.

To him belong all that dwell in the night and the day, for He is the One who hears and knows all things.

(Al-An'aam : 13)

DEFECTIVE SPEECH

Recite 21 times after every salaah.



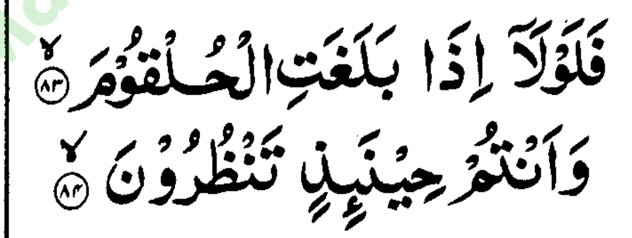
Rab-bish rah lee sad-ree wa yas-sir lee am-ree wah-lul uq-da-tam min li-saa-nee yaf-qa-hoo qaw-lee.

My Lord! expand for me my breast; ease my task for me; and remove the impediment from my speech so they may understand my speech.

(Ta-Ha : 25-28)

SORE THROAT AND HOARSENESS

Recite 7 times, blow on little salt and apply into the throat.



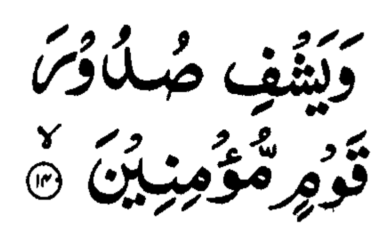
Fa low laa i-thaa ba-la-gha-til hul-qoom. Wa an-tum hee-na-'i-thin tan-zhu-roon.

Then why do you not intervene when (the soul of the dying man) reaches the throat, and you sit the while looking on.

(Al-Waqi'ah : 83,84)

CHEST PAIN

Read 41 times, blow in zamzam and let the patient drink it.



Wa yash-fi su-doo-ra quaw-mim mu-mi-neen.

And (Allah) will heal the breasts of the believers.

(At-Taubah : 14)

COUGHING

Recite 41 times, blow on water and let the patient drink it.



Sa-laa-mun qaw-lam min Rab-bir ra-heem.

Peace! - a word of salutation from a Lord, Most Merciful.

(Ya-Sin : 58)

PALPITATIONS

Recite 21 times after Fajr, blow in water and drink for 21 days.

رَبَّنَا لَا تُزِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِن لَّدُنكَ رَحْمَةً ۚ إِنَّكَ أَنتَ الْوَهَّابُ ۝

Rabbanaa laa tu-zigh qu-loo-banaa ba'-da ith ha-daytanaa wa hab lanaa mil la-dun-ka rahmah. Innaka antal wahhaab.

Our Lord, do not cause our hearts to go astray after You have guided us, and give us Your special mercy. Lo, You, and only You are The Bestower.

(Ale-Imran : 8)

STOMACH-ACHE

Read 7 times, blow on a little salt and lick it.

وَاللّٰهُ اَخْرَجَكُمْ مِّنْ بُطُوْنِ اُمَّهٰتِكُمْ

Wal laa-hu akh-ra-ja-kum min bu-too-ni um-ma-haa-ti-kum.

And Allah took you out from the stomachs of your mothers.

(An-Nahl : 78)

INDIGESTION

Say 7 times, blow on a little salt and lick it.

وَبِالْحَقِّ أَنزَلْنَاهُ وَبِالْحَقِّ نَزَلَ
وَمَا أَرْسَلْنَاكَ إِلَّا مُبَشِّرًا وَنَذِيرًا

Wa bil haq-qi an-zal-naa-hu wa bil haq-qi na-zal.
Wa maa ar-sal-naa-ka il-laa mu-bash-shi-ran wa na-thee-raa

We sent it (the Qur'aan) in truth, and in truth has it descended.

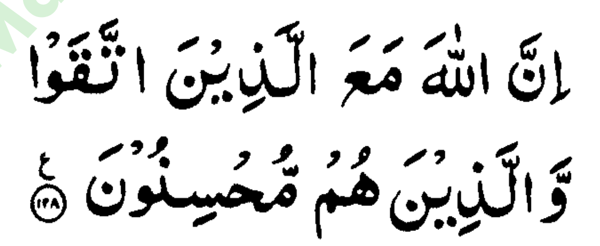
(Al-Isra' : 105)

And We sent you not but as a giver of glad tidings and a warner.

(Al-Furqan : 56)

DIARRHOEA

Read 1000 times, blow on water and let the patient drink for 7 days.



In-nal laa-ha ma-al la-thee-nat ta-qau wal la-thee-na hum muh-si-noon.

Surely, Allah is with those who fear (Him) and those who do good.

(An-Nahl : 128)

EXCESSIVE THIRST

Recite 7 times, blow in water and drink it.

وَاَنْزَلْنَا مِنَ السَّمَآءِ مَآءً ۢ
بِقَدَرٍ فَاَسْكَنّٰهُ فِي الْاَرْضِ ۚ

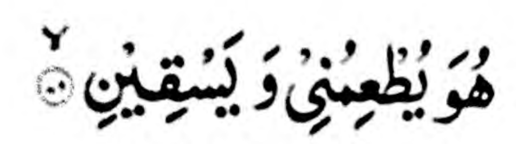
Wa anzal-naa mi-nas sa-maa-i maa-'an bi qa-da-rin fa 'as-kan-naa-hu fil ardh.

We sent down water from the sky according to measure, and We cause it to soak in the soil.

(Al-Mu'minun : 18)

LOSS OF APPETITE

Recite 41 times, blow on food and feed it to the patient.



Hu-wa yut-i-mu-nee wa yas-qeen.

He gives me food and drink.

(Ash-Shu'ara' 79)

EXCESSIVE HUNGER

One who feels hungry even after having meals, should say this verse 11 times, blow in water and drink before meals.

وَفِي السَّمَاءِ رِزْقُكُمْ وَمَا تُوعَدُونَ ﴿٢٢﴾

Wa fis sa-maa-i riz-qu-kum wa maa too-'a-doon.

And in the heavens is your sustenance and what you are promised.

(Adh-Dhariyaat : 22)

LIVER PROBLEMS

For all liver problems recite this aayah daily, blow in water and let the patient drink it.

تَبٰرَكَ اسْمُ رَبِّكَ ذِى الْجَلٰلِ وَالْاِكْرَامِ ﴿٧٨﴾

Ta-baa-ra-kas-mu rab-bi-ka thil ja-laa-li wal ik-raam.

Blessed be the name of your Lord, Master of Majesty and Honour.

(Ar-Rahman : 78)

GALL BLADDER PROBLEMS

Recite 11 times, blow in water and drink it.

اَلرَّحۡمٰنُ عَلَى الۡعَرۡشِ اسۡتَوٰى ۝٥

Ar-rah-maa-nu a-lal ar-shis ta-waa.

The Most Kind is firmly established on the throne.

(Ta-Ha : 5)

JAUNDICE

Say 101 times, blow in water and let the patient drink it.

سَبَّحَ لِلّٰهِ مَا فِي السَّمٰوٰتِ وَمَا فِي الْاَرْضِ ۚ وَهُوَ الْعَزِيْزُ الْحَكِيْمُ ①

Sab-ba-ha lil-laa-hi maa fis sa-maa-waa-ti wa maa fil ardh. Wa hu-wal a-zee-zul ha-keem.

Whatever is in the heavens and in the earth, declares the praises and glory of Allah: for He is The Exalted in Might, The Wise.

(Al-Hashr : 1)

KIDNEY PROBLEMS

For kidney pain, recite Soorah Quraish once, blow on food and let patient eat it.

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ

لِاِيْلٰفِ قُرَيْشٍ ۙ﴿۱﴾ اٖلٰفِهِمْ رِحْلَةَ الشِّتَآءِ وَالصَّيْفِ ۚ﴿۲﴾ فَلْيَعْبُدُوْا رَبَّ هٰذَا الْبَيْتِ ۙ﴿۳﴾ الَّذِيْٓ اَطْعَمَهُمْ مِّنْ جُوْعٍ ۙ وَّاٰمَنَهُمْ مِّنْ خَوْفٍ ۧ﴿۴﴾

Li-ee-laafi quraysh. Ee-laa-fihim rihlatash shitaa-i was sayf. Fal-ya'budoo rabba haathal bayt. Al-lathee at-a-mahum min joo. Wa aamanahum min khauf.

(It is a great grace from Allah) for the protection of the Quraish, (and with Allah's grace and protection), We cause the (Quraish) caravans to set forth safe in winter (to the south) and in summer (to the north without any fear). So let them worship (Allah) the Lord of this House, (He) Who has fed them against hunger, and gave them safety from fear.

(Quraish)

KIDNEY STONES

Recite 21 times, blow in water and drink for a few days.

وَهُوَ الَّذِىْ يُرْسِلُ الرِّيٰحَ بُشْرًا بَيْنَ يَدَىْ رَحْمَتِهٖ ؕ
حَتّٰۤى اِذَاۤ اَقَلَّتْ سَحَابًا ثِقَالًا سُقْنٰهُ لِبَلَدٍ مَّيِّتٍ
فَاَنْزَلْنَا بِهِ الْمَآءَ فَاَخْرَجْنَا بِهٖ مِنْ كُلِّ الثَّمَرٰتِ ؕ
كَذٰلِكَ نُخْرِجُ الْمَوْتٰى لَعَلَّكُمْ تَذَكَّرُوْنَ ۝

Wa hu-wal la-thee yur-si-lur ri-yaa-ha bush-ram bay-na ya-day rah-ma-tih. Hat-taa i-thaa a-qal-lat sa-haa-ban thi-qaa-lan suq-naa-hu li-ba-la-dim may-yi-tin fa an-zal-naa bi-hil maa-'a fa akh-raj-naa bi-hee min kul-lith tha-ma-raat. Ka-thaa-lika nukh-ri-jul maw-taa la-'al-la-kum ta-thak-ka-roon.

It is He Who sends the winds as glad tidings before His mercy; until when they have carried the heavy-laden clouds, we drive them to a land that is dead, then We make rain to descend thereon, and produce every kind of harvest therewith: thus shall We raise up the dead, perchance you may reflect.

(Al-A'raaf : 57)

BLADDER PROBLEMS

Say 11 times, blow in water and let the patient drink it. Do this amal for 11 days.

يٰعِبَادِيَ الَّذِيْنَ اَسْرَفُوْا عَلٰٓى اَنْفُسِهِمْ لَا تَقْنَطُوْا مِنْ رَّحْمَةِ اللّٰهِ ۚ اِنَّ اللّٰهَ يَغْفِرُ الذُّنُوْبَ جَمِيْعًا ۚ اِنَّهٗ هُوَ الْغَفُوْرُ الرَّحِيْمُ ﴿٥٣﴾

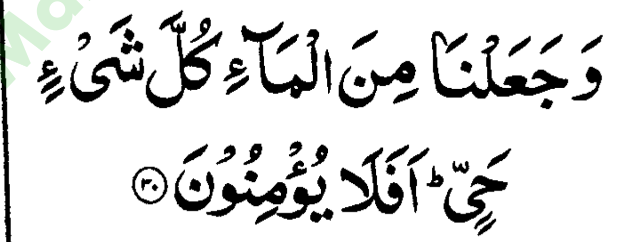
Yaa i-baa-di-yal la-thee-na as-ra-foo a-laa an-fu-si-him laa taq-na-too min rah-ma-til-laah. In-nal laa-ha yagh-fi-ruth thu-noo-ba ja-mee-'aa. In-naa-hoo hu-wal gha-foo-rur ra-heem.

O my servants who have transgressed against their souls, despair not of the mercy of Allah, for Allah pardons all sins. Surely, He is Oft-Forgiving, Most Merciful.

(Az-Zumar : 53)

URINE PROBLEMS

Read 101 times daily



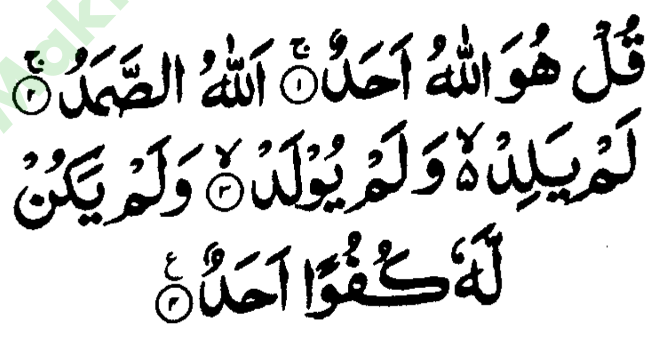
Wa ja-'al-naa mi-nal maa-'i kul-la shay-'in hayy. A fa-laa yu'-mi-noon.

And from water have We made everything alive. Don't they believe?

(Al-Anbiya : 30)

URINARY TRACT OBSTRUCTION

Recite Soorah Ikhlaas 11 times, blow in water and drink.



Qul hu-wal laa-hu ahad. Al-laa-hus samad. Lam yalid wa lam yoo-lad. Wa lam ya-kun la-hoo ku-fu-wan ahad.

Say: He is Allah, One. Allah the Samad (one who is independent and all else is dependent on Him). He does not beget nor is He begotten and there is none to resemble Him.

(Al-Ikhlas)

EXCESSIVE URINATION

Read 41 times, blow on sugar. Patient to lick it and use it for sweetening food and drink.

وَاَنْزَلْنَا مِنَ السَّمَآءِ مَآءًۢ بِقَدَرٍ فَاَسْكَنّٰهُ فِي الْاَرْضِ ۖۗ وَاِنَّا عَلٰى ذَهَابٍۢ بِهٖ لَقٰدِرُوْنَ ﴿١٨﴾

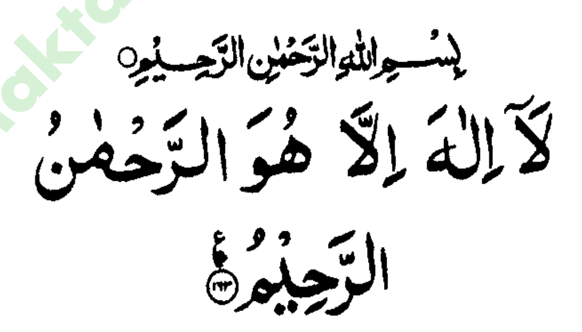
Wa an-zal-naa mi-nas sa-maa-'i maa-'am bi qa-da-rin fa as-kan-naa-hu fil ardh. Wa 'in-naa 'a-laa tha-haa-bim bi-hee la qaa-diroon.

We sent down water from the sky according to measure, and We caused it to soak in the soil; and lo, We are able to withdraw it.

(Al-Mu'minun : 18)

GONORRHEA

Recite after every salaah 7 times.



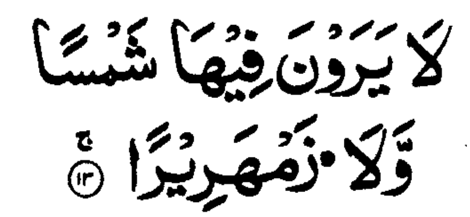
Bis-mil-laa-hir rah-maa-nir ra-heem.
Laa i-laa-ha il-laa hu-war
rah-maa-nur ra-heem.

In the name of Allah,
Most Kind, Most Merciful.
None is worthy of worship except
He, Most Kind, Most Merciful.

(Al-Baqarah : 163)

PILES

Recite this aayah and blow on the arm for a few days.



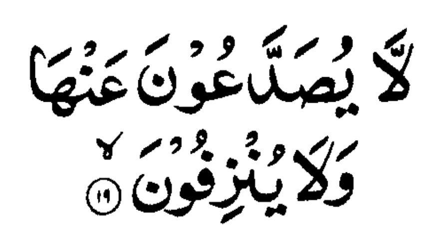
Laa ya-row-na fee-haa sham-san wa-laa zam-ha-ree-raa.

They will not see therein (i.e. jannah) (the heat of a) sun nor bitter cold.

(Al-Insan : 13)

PAINFUL FINGERS AND TOES

Recite 300 times, blow on sesame seed oil and massage fingers and toes.



Laa yu-sad-da-'oo-na an-haa wa laa yun-zi-foon.

Wherefrom they will get no aching of the head nor madness.

(Al-Waqi'ah : 19)

PAIN IN THE THIGHS

Read this aayah, blow in water and drink it.

وَإِذَا سَأَلَكَ عِبَادِي عَنِّي فَإِنِّي قَرِيبٌ أُجِيبُ دَعْوَةَ الدَّاعِ إِذَا دَعَانِ

Wa i-thaa sa-'a-la-ka i-baa-dee an-nee fa in-nee qa-reeb. .U-jee-bu da'-wa-tad daa-'i i-thaa da'-aan.

When My servant questions you concerning Me, then (say) surely I am near. I answer the prayer of the supplicant when he cries unto Me.

(Al-Baqarah : 186)

INSUFFICIENCY OF MOTHER'S MILK

The mother to recite 21 times, blow on water and drink for 21 days.

وَأَوْحَيْنَآ إِلَىٰٓ أُمِّ مُوسَىٰٓ أَنْ أَرْضِعِيهِ ۖ فَإِذَا خِفْتِ
عَلَيْهِ فَأَلْقِيهِ فِى ٱلْيَمِّ وَلَا تَخَافِى وَلَا تَحْزَنِىٓ ۖ إِنَّا
رَآدُّوهُ إِلَيْكِ وَجَاعِلُوهُ مِنَ ٱلْمُرْسَلِينَ ۝

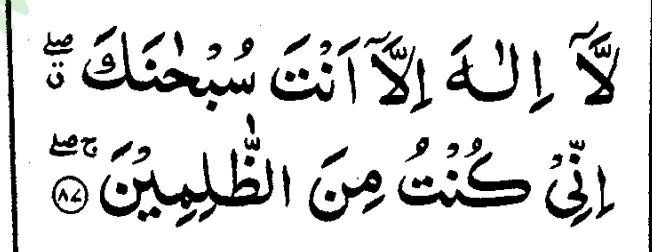
Wa 'aw-hay-naa 'i-laa um-mi moo-saa an ar-dhi-'eeh. Fa 'i-thaa khif-ti a-lay-hi fa al-qee-hi fil yamm. Wa-laa ta-khaa-fee wa-laa tah-za-nee. In-naa raad-doo-hu 'i-lay-ki wa jaa-'i-loo-hu mi-nal mur-sa-leen.

So We inspired to the mother of Moosa: Suckle (your child), but when you have fears about him, cast him into the river but fear not, nor grieve. We shall return him to you, and We shall make him One of Our messengers.

(Al-Qasas : 7)

MENSTRUATION IRREGULARITIES

Say 341 times, blow in zamzam water and drink daily.



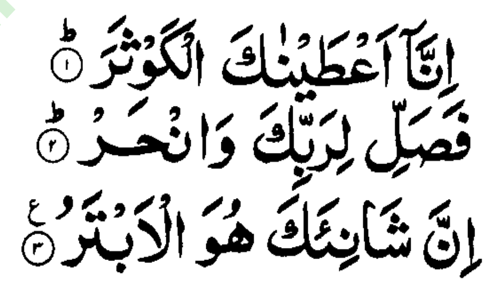
Laa i-laa-ha il-laa an-ta sub-haa-na-ka in-nee kun-tu mi-nazh zhaa-limeen.

There is none worthy of worship except You; You are Pure; surely I am from among the wrongdoers.

(Al-Anbiya : 87)

EXCESSIVE BLEEDING IN MENSTRUATION

Recite Soorah Kauthar 303 times daily, blow on rain water and drink.



Innaa a'taynaakal kauthar. Fa salli lirabbika wanhar. Inna shaa-ni-a-ka huwal abtar.

Surely we have given you (The Fountain of) Kauthar. Therefore turn in prayer to your Lord and sacrifice (for Him only). Surely, he who hates you, he is the one cut off from progeny.

(Al-Kauthar)

ECZEMA

Recite 21 times daily for 41 days in the morning and evening, blow on water and drink it.

فَكَسَوْنَا الْعِظٰمَ لَحْمًا ۗ ثُمَّ اَنْشَاْنٰهُ خَلْقًا اٰخَرَ ۭ فَتَبٰرَكَ اللّٰهُ اَحْسَنُ الْخٰلِقِيْنَ ۝

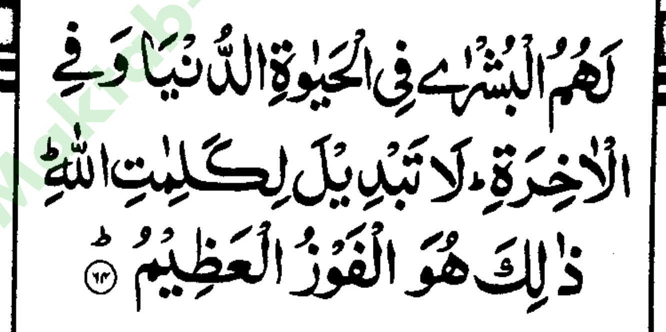
Fa ka-sow-nal i-zhaa-ma lah-maa. Thum-ma an-sha'-naa-hu khal-qan 'aa-khar. Fa ta-baa-ra-kal laa-hu ah-sa-nul khaa-li-qeen.

Then We clothed the bones with flesh, then made it another creation. Blessed is Allah, the best of creators.

(Al-Mu'minun : 14)

NIGHTMARES

Recite before going to bed.



Lahumul bushraa fil hayaatid dunyaa wa fil aakhirah. Laa tabdeela likalimaatil laah. Thaalika huwal fawzul azheem.

For them are glad tidings in the life of the (present) world and in the hereafter; no change can there be in the words of Allah. This is indeed the supreme triumph.

(Yunus : 64)